

Workshops

How to understand the workshop schedule?

Before looking at the workshop schedules given at the sub pages called Friday, Saturday, Sunday, please read the information on this page. Please, do also read the page called level description.

You are free to make your own workshops schedule

You can freely select your classes as you wish without further notice if you follow the golden rules below. However a few classes on Advanced level and Master level requires pre-registration in the secretariat. Please, read all the information on this page.

The golden rules:

- Please respect the level of the classes. Find your own level in the table. If any doubt contact us beforehand or during the weekend and we will assist you finding your level.
- You are free to participate below your own level if you are polite to the once belonging on this level.
- You are NOT allowed to participate in classes above your own level. This will slow down the teaching and make others unhappy about the class.
- Follow the teacher's instructions throughout the classes, also when it comes to changing of partners.

...about Salsa: If you have not tried salsa before, start on the introduction level. A description of the levels is given below. **To participate at the Master level classes for domestic instructors and very high level salsa dancers, you apply and be approved beforehand in the Secretariat.**

...about open level classes: Blue classes like Rumba, Reggaeton, Son, Cha-cha-cha etc. no previous experience in the dances are required. The level will vary since the classes are open for everybody and some might find some of the classes difficult. To participate in the blue salsa classes like Lady Styling, Men styling and Body Moves a minimum of basic salsa rhythm, steps and movements are required. Hence, we do not recommend these classes if you have not tried salsa before.

...about Rueda de Casino: Note that to start dancing Rueda de Casino you should have been dancing Cuban Salsa for about 6-12 months. The salsa rythm should be stable as well as the basic "Casino" step and "Di le que no" step. A description of the levels are given below.

Level description

Color	Level	Required background/experience
Green	Salsa Introduction	Never tried salsa before or just a little bit. Do NOT know the rhythm and steps well.
Green	Salsa Improver	2-6 months with salsa classes
Yellow	Salsa Intermediate	6-18 months with salsa classes. Good dancers.
Red	Salsa Advanced	18+ months with salsa classes. Very good dancers.
Black	Salsa Master	Salsa instructor level and very experienced dancers.
Blue	Open level	Salsa (Body Moves, Lady-, Men Styling): Basic rhythm, steps and movements required. Other dances: No experience required.

Rueda levels

Color	Level	Required background/experience
Yellow	Rueda Introduction	Minimum intermediate level salsa dancers and/or introduction classes in rueda de casino.
Yellow	Rueda Intermediate	More than 3 months with rueda de casino classes.
Red	Rueda Advanced	Experienced Rueda de Casino dancers.
Black	Rueda Master	Rueda instructors and very experienced Rueda de Casino dancers.

Mapping table Hot Salsa Weekend vs. sponsor Dansegledede

Hot Salsa Weekend Level	Dansegledede Level	Required background/experience
Salsa Introduction	Salsa Nybegynner	Never tried salsa before or just a little bit or do NOT know the rhythm and steps well.
Salsa Improver	Salsa Lett Øvet/Øvet 1	2-6 months with salsa classes
Salsa Intermediate	Salsa Øvet 2/Videregående	6-18 months with salsa classes. Good dancers.
Salsa Advanced	Videregående/Avansert	18+ months with salsa classes. Very good dancers.
Salsa Master	Oppvisningsdansere og Instruktører	Salsa instructor level and very experienced dancers.
Rueda Introduction	Rueda Introduksjon/Øvet	Minimum intermediate level salsa dancers.
Rueda Intermediate	Rueda Øvet/Videregående	More than 6 months with rueda de casino classes.
Rueda Advanced	Rueda Videregående/Avansert	Very experienced Rueda de Casino dancers.
Rueda Master	Rueda Avansert/Master	Very experienced Rueda de Casino dancers.

Workshop schedule

Friday 24th October

Time	Storsalen	Lillesalen	Festsalen	Havana	Santiago	Trinidad
1600-1700	AfroCuban Ariel Rios					
1715-1815		Cuban Body Moves (Salsa) Erodys Borrero	Son (On 2) Juan Carlos Pacheco	Salsa Intermediate Classic Style Ariel Rios	Salsa Introduction Jorge Luis Crespo	Salsa *) Master Show Style Osbanis Tejeda
1830-1930		Rumba Alberto Valdes	Lady Styling Yescica Livesey	Salsa Advanced Street Style Erodys & Tenna	Salsa Improver Ariel Rios	Rueda Introduction Osbanis Tejeda
1945-2045			Reggaeton	Cha-Cha-Cha		
2000-2045	1 st Norwegian Championship Rueda de Casino	Salsa Introduction Adri Gonzalez	Yanet Fuentes	Juan Carlos Pacheco		

Saturday 25th October

Time	Storsalen	Lillesalen	Festsalen	Havana	Santiago	Trinidad
1100-1200	Lady Styling (Salsa) Yescica Livesey	Men Styling (Salsa) Alberto Valdes	Salsa *) Advanced <i>1 man - 2 ladies</i> Osbanis Tejada	Salsa Improver Jorge Luis		Kinder garden
1215-1315	Cuban Body Moves (Salsa) Osbanis Tejada	Son (On 2) Juan Carlos & Yescica	Rueda Advanced Ariel Rios	Salsa Intermediate Timba Style Alberto Valdes		
1330-1430	Lady Styling (Salsa) Yanet Fuentes	Rumba Ariel Rios	Rueda Intermediate Erodys Borrero	Salsa Introduction Bernt Rygg		
1430-1545 LUNCH BREAK						
1545-1645	Rumba Osbanis Tejada	Lady Styling (Salsa) Adri Gonzalez	Salsa Improver Juan Carlos Pacheco	Salsa Advanced Timba Style Alberto Valdes		Kinder garden
1700-1800	Reggaeton Yanet Fuentes	Yoruba (AfroCuban) Erodys Borrero	Salsa *) Master Timba Style Alberto Valdes	Salsa Intermediate Classic Style Juan Carlos & Yescica		

Sunday 26th October

Time	Storsalen	Lillesalen	Festsalen	Havana	Santiago	Trinidad
1300-1400		Lady Styling (Salsa) Yanet	Cha-cha-cha Juan Carlos	Salsa Advanced Street Style Ariel	Salsa Improver Osbanis	Men Styling (Salsa) Erodys
1415-1515		Cuban Body Moves (Salsa) Alberto	Rueda Advanced Erodys	Salsa Intermediate Stree style Osbanis Tejada	Salsa Introduction Jorge Luis	Lady Styling (Salsa) Adri
1515-1545 COFFEE BREAK						
1545-1645		Despelote for ladies Yanet Fuentes	Bachata Lensley & Linn Kamilla	Salsa Advanced Classic Style Yescica & Juan Carlos	Salsa Improver Bernt Rygg	Rueda *) Master Osbanis Tejada
1700-1800		Rumba Alberto Valdes	Rueda Intermediate Bernt Rygg	Salsa Intermediate Classic Style Jorge Luis Crespo	Salsa Introduction Lensley & Linn Kamilla	Salsa *) Master Street Style Erodys

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Rueda levels

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Mapping table Hot Salsa Weekend vs. sponsor Danseglede

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Salsa Intermediate	Salsa Øvet 2/Videregående	6-18 months with salsa classes. Good dancers.
Salsa Advanced	Videregående/Avansert	18+ months with salsa classes. Very good dancers.
Salsa Master	Oppvisningsdansere og Instruktører	Salsa instructor level and very experienced dancers.
Rueda Introduction	Rueda Introduksjon/Øvet	Minimum intermediate level salsa dancers.
Rueda Intermediate	Rueda Øvet/Videregående	More than 6 months with rueda de casino classes.
Rueda Advanced	Rueda Videregående/Avansert	Very experienced Rueda de Casino dancers.
Rueda Master	Rueda Avansert/Team Danseglede	Very experienced Rueda de Casino dancers.

*) Pre-registration required at the Secretariat

NOTE! The workshop schedule is subject to changes. Stay tuned to at www.hotsalsa.no to check the latest news!

Have a nice weekend!